# What's on in October at Bridgnorth Early Help Coffee and Chat

Shropshire Supporting Families through Early Help

Shropshire Together Community and Family Hubs

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| **Tuesday 7th October 2025** | **Who can you talk to today:**<br>• Health Visitors<br>• 0-5 family support worker<br>• Early help family support worker<br>• Young Carers<br>• Housing support | **Look what's on today…**<br><br>**Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth!**<br>Our friendly staff will share tips on healthy habits for little mouths<br><br>**Stay and Play Fun**<br>A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development.<br>Join us for a fun, relaxed, and engaging Stay and Play session |
| **Tuesday 14th October 2025** | **Who can you talk to today:**<br>• Health Visitors<br>• 0-5 family support worker<br>• Early help family support worker<br>• Employment advisor<br>• Housing support<br>• SEND professionals | **Look what's on today….**<br><br>**Smile4Life with the 0-5 team - Learn how to care for your baby's teeth from the very first tooth!**<br>Our friendly staff will share tips on healthy habits for little mouths<br><br>**Stay and Play Fun**<br>A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development. Join us for a fun, relaxed, and engaging Stay and Play session<br><br>**SEND Meet and Chat-**<br>These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional. Come along to ask questions, get practical advice, and connect with professionals who understand your journey |
| **Tuesday 21st October 2025** | **Who can you talk to today:**<br>• Early help family support worker<br>• Shropshire domestic abuse service<br>• Housing support | **Look what's on today….**<br><br>**Stay and Play Fun**<br>A safe and welcoming space for little ones to explore, play, and learn through age-appropriate activities that support early development.<br>Join us for a fun, relaxed, and engaging Stay and Play session |
| **Tuesday 28th October 2025** | **Who can you talk to today:**<br>• Early help family support worker<br>• Housing support | **Look what's on today…..**<br><br>**Come and Celebrate Halloween and Autumn**<br>Join us for a special **Stay and Play session** filled with Halloween and Autumn crafts. |

**Free sessions**

You do not need a child to attend the session to access family help.

Safe, comfortable, confidential and informal space to talk.

Early Help Family support workers available to chat to every week.

**We look forward to seeing you**

Bridgnorth Library, 67 Listley Street, Bridgnorth WV16 4AW. 1.00 until 3.00

Shropshire Libraries Learn imagine discover




