





Online Safety - CHAT

Oliver, Lleyton, Alex, William, Chester and Tyler – **online safety champions**

Why we like to use chat when playing games online?

- It's fun
- Chance to play and interact with friends
- Still play and talk with friends that you may not live by anymore
- Encourage and help each
- Give each other confidence

Oliver

What do we not like about chat?

- Bad language used
- Unkindness/bullying
- Dishonest
- Dangerous if playing people you don't know – they could be anyone
- Peer pressure

Lleyton

5 Top Tips to Safety Online – Chat

1. Always tell a trusted adult.
2. Stay calm and don't retaliate
3. Leave the chat or party if someone is being unkind.
4. Block them and report them if they are being abusive.
5. Talk about it in the real world so you can sort out issues together.

Scenario 1- Oliver

- While I play fortnite , someone is joining my game without permission and holding my wall so I can't get out. I end up having to leave the game.

- This is not okay.

- Remember our 5 top tips.

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Scenario 2 - Alex

- When I'm on my phone play Roblox one of my friends keeps spam calling me and it gets annoying.
- This not okay.
- Remember our 5 top tips.

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Scenario 3 - Chester

- Sometimes when I'm playing fortnite, I sometimes leave the party and I get called names like a rage quitter.

- It is not okay to call people names.

- Remember our 5 top tips.

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Scenario 4- Lleyton

- Sometimes people use peer pressure to try and get me to change the games I'm playing. It makes me feel uncomfortable.

- This is not okay.

- Remember our 5 top tips.

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10 Ways You Can
SHARE KINDNESS ONLINE
Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.
1 PRAISE WHERE IT'S DUE
Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.
2 REACH OUT
It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.
Hi...
3 RECOMMEND FUN THINGS
If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.
4 OFFER TO HELP
Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!
5 POST POSITIVELY
Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.
6 SHOW YOUR APPRECIATION
If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.
7 BE UNDERSTANDING
Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.
8 SHARE INSPIRATIONAL POSTS
When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.
AWESOME
9 THINK BEFORE COMMENTING
Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.
10 LIKE, LOVE AND ENGAGE
If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.
Meet Our Expert
Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.
NOS
National Online Safety
#WakeUpWednesday

FAIR PLAY

1 Organise your defence

Use strong passwords to protect your personal information, accounts and data. A trusted adult, like a teacher or a relative, can help you choose one that's easy for you to remember but hard for anyone else to guess.



2 Keep possession

Only share personal information online with people you know well, like friends and family. A trusted adult will be able to help you change your online privacy settings so strangers can't find things out about you.



3 Use teamwork

Before you use a device for the first time or download a new app, always check with a trusted adult. They'll be able to check if it's safe for you to use and make sure the privacy settings are right for you.



4 Be respectful

Treat people online like you would treat them in real life. Remember your manners and be polite and kind in your posts, comments and messages.



5 Catch attackers offside

If someone is trying to bully you online, a trusted adult can help you to gather evidence and report that person to the authorities. You should also tell a trusted adult if you see anything online that makes you feel worried, upset, frightened or sad.



FOUL PLAY

1 Don't ignore possible danger

Never accept a friend request from a stranger. If somebody you don't know tries to contact you online, tell a trusted adult straight away.



2 Don't lose control & retaliate

Although it can be tempting, it's best not to respond if someone attempts to bully you online or sends you hurtful messages. Tell a trusted adult what happened, and then block the person from contacting you again in future.



3 Don't hurt people deliberately

It's important to behave online just like you would in real life. Don't post anything that can make you look like a bad person, because the things we put online can stay there for a long time.



4 Don't cheat your way to victory

Don't copy another person's work that you found online or pretend that it's yours. This is called plagiarism and can get you into a lot of trouble.



5 Don't play for extra time

It can be easy to spend too much time online. Instead, take a break to go outside for some fresh air and exercise. Not using your device just before bed will also help you get a good night's sleep so you can be fresh and focused the next day.



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