

Newsletter 22 – 29<sup>th</sup> April 2022

## Headteacher's Note:

Hi everyone,

I hope you all had a wonderful Easter!

It has been truly lovely to welcome the children back into school following our Easter break. Their smiling faces and acknowledgement that they were happy to be back at school (well almost all of them) was heart-warming.

We're really pleased also, to welcome parents back into school for class hero assemblies and look forward to seeing more of you in the forthcoming months.

We have a big event coming up to celebrate the Queen's Jubilee, of which you will be informed as plans are confirmed. Meanwhile I'd like to thank Steve Metcalfe; parent and Chf Tech at RAF Cosford and his team who are currently transforming our garden area next to Early Years to become a 'well-being' garden in commemoration of this historical event.

Kind Regards  
Julie Bratt

## Value of the Month Forgiveness

### Dates for your diary



### Wednesday 4<sup>th</sup> May

Y3/Y4 Stem Project at RAF Cosford

### 18<sup>th</sup> to 20<sup>th</sup> May

Y6 attending Pioneer Centre

### Tuesday 24<sup>th</sup> May:

Y5/Y6 Visit to Selly Manor

### Thursday 26<sup>th</sup> May:

Jubilee Celebration

### Friday 27<sup>th</sup> May:

Last day of term

### Monday 6<sup>th</sup> June:

Return to school

## Class Heroes:

Skyflyers:

Imogen  
Henry

Starships:

Skye  
Jack

Stargazers:

Rosie  
Isabella-Mae

Explorers:

Layla-Rose  
Luke

Aeronauts:

Phoebe  
Zach

Well  
Done!



## Star Readers:

Reception Rangers M: Darcy; Reception Rangers S: Jasmine; Shooting Stars: Willow; Racing Rockets: Gruff; Cosmic Comets: Rylan; Skyflyers: Maximus; Starships: Ole; Stargazers: Dylan; Explorers: Luke; Aeronauts: Lilly.



## Star Writers:

Reception Rangers M: Christal; Reception Rangers S: Mia; Shooting Stars: Oliver; Racing Rockets: Phoebe; Cosmic Comets: Ella-Rose; Skyflyers: Maddison; Starships: Jensen; Stargazers: Iris; Explorers: Adam; Aeronauts: Evie.



## Attendance:

### 25<sup>th</sup> to 29<sup>th</sup> April

Reception	89.5%
Rangers M	
Reception	94.5%
Rangers S	
Shooting Stars	97.3%
Racing Rockets	85.2%
Cosmic Comets	97.9%
Skyflyers	98.0%
Starships	94.5%
Stargazers	94.8%
Explorers	93.3%
Aeronauts	91.3%

## Easter Fundraising Events A Huge THANK YOU

Thank you for your support with our Easter fundraising activities.



The children really enjoyed their Easter breakfast and orienteering. They were even lucky enough to have a visit from the Easter bunny! Along with the non-school uniform day we managed to raise £470.

Thanks to the generosity of our families for donating so many Easter eggs, we were able to hold an eggcellent raffle which helped us to raise a

fantastic £724 which means a total £1,194 was raised.



Thank you to the CO-OP who also donated some prizes for our raffle.

All the money raised is going towards our fundraising for new large playground equipment.

Our next large fundraising event will form part of our Queen's Jubilee Celebrations at the end of May.

## Reading Challenge - Winners



We had some fantastic entries for our reading challenge. Children have read so many different books and told us all about them.

The winners were announced in assembly on Monday. All the children who took part received a bookmark and the children who won the challenge for their class will receive their prizes shortly.

### Reading Challenge Winners 2022

	Best in Class (Win a book prize)	Class winner (Picked out at random)
Rec M	Charlie	Theo
Rec S	Leo	Billy
Shooting Stars	Isabelle	Hugo
Racing Rockets	Daisy	James
Cosmic Comets	Poppy	Eilidh
Skyflyers	Jacob	Henry
Stargazers	Dahlia	Rosie
Starships	Makena	Florence
Explorers	Lily	Luke
Aeronauts	Jordan	Sam



## *Memorable Experiences*

### *Reception Rangers*

Reception Rangers are beginning a new topic called 'Why do ladybirds have spots'. We have been on a minibeast hunt this week. They have been very careful when moving logs and stones and treated the bugs they found with care. We put them back where we found them to make sure we left them happy in the woods.





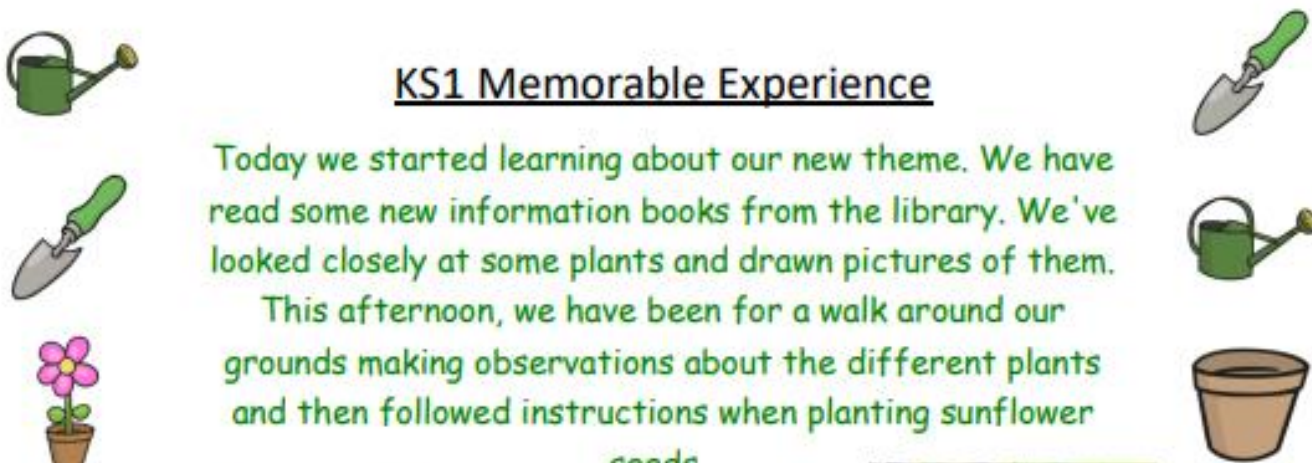
# Memorable Experiences



## KS1 Memorable Experience

Today we started learning about our new theme. We have read some new information books from the library. We've looked closely at some plants and drawn pictures of them.

This afternoon, we have been for a walk around our grounds making observations about the different plants and then followed instructions when planting sunflower seeds.



twinkl [www.twinkl.co.uk](http://www.twinkl.co.uk)





## Memorable Experiences Year 3 and 4



We also made a big one! We couldn't believe how big it got!

Year 3 and 4  
Violent Volcanoes!

To start our new topic "Tremors", we made mini volcanoes and caused a little eruption!





A big thank you to our STEM ambassador, Tracey who along with her colleague Steve, came from RAF Cosford to speak to KS2 about the wonderful world of STEM and where it could take us in the future!

We hope that this gave you lots of new ideas for your stem project!



Good luck!





# Summer of Science at Albrighton



To celebrate the Queen's Platinum Jubilee,  
we want you to get creative!

Over the following half term, we want you to complete a  
**STEM project**

(Science, Technology, Engineering and Maths - but also art!)

to assist with the Jubilee celebrations!

At our Jubilee Celebration at the end of the term, you will  
present your projects in the STEM tent for judging!  
We are looking for **innovation, creativity, and sustainability.**

The project can be entirely of your own design but here are some  
ideas if you're stuck! Make them as weird or wonderful as you like!  
**Good luck!**

EYFS	KS1	KS2
<ul style="list-style-type: none"><li>• Design an outfit to wear to a Jubilee party</li><li>• Make a fruit salad for the party</li><li>• Make a card for Her Majesty, or an invitation to her party</li></ul>	<ul style="list-style-type: none"><li>• Design and bake a cake for the Queen</li><li>• Design and make an award to present to the Queen for this greatest of achievements!</li><li>• Design something for the Queen's corgies!</li></ul>	<ul style="list-style-type: none"><li>• Design a vehicle to drive the Queen around London</li><li>• Build a tower to use as a viewing platform to wave to the Queen on her balcony</li><li>• Create a banquet for the Queen and her family to feast on</li></ul>

*You do not need to stick to the suggested year group*

## *Information, Requests and Reminders*

### *Calling Keen Gardeners - We Need You*

Are you someone who loves to garden and have a spare hour a week where you could help us set up a new gardening club at Albrighton?

Currently, our garden area at the front of school is being developed by a volunteer group from the RAF. It has already been cleared and next week it will be transformed into our Wellbeing Garden. To look after the garden and teach children how to care for plants and the environment, we would like to set up a weekly club. If you feel you could spare an hour a week in a lunchtime or after school and could support us with our gardening club, then please email the school office for the attention of Mrs Tearle.



Within our garden we will have an allotment space to grow vegetables, If you have any vegetable plants e.g. tomato plants that you would be willing to donate, please contact the school office.

### *Jubilee Bank Holiday*

In lieu of Queen's Platinum Jubilee on 3 June, school will be breaking up one day earlier for the summer holidays. The last day of the summer term is now Wednesday 20<sup>th</sup> July.



## Children's Wellbeing - Getting Enough Sleep



Lack of sleep can cause irritability, increased stress, forgetfulness, difficulties with learning and low motivation. Over time, it can contribute to anxiety and depression. Sleep time guidelines depend on a child's age, but every child is different. If your child's sleep routine is disrupted for whatever reason, it is important to try to return them to a healthy sleep schedule as soon as possible.

Sleep is a very important part of your child's mental and physical health because it allows your child's mind and body to rest and recover and be ready for a day at school or play. Your child's brain needs sleep to restore resources that were used up during the day. A well-rested brain can solve problems, learn new information and enjoy the day a lot more than a tired brain. Some areas of your child's brain are even more active while they sleep.



### How much sleep does a child need?

New-born	14-17 hours
Infants 4- 11 months	12-15 hours
Toddlers 1-2 years	11-14 hours
Age 3- 5 years	10-13 hours
Age 6-13 years	9- 11 hours
Teenagers	8- 10 hours

The recommended amount of sleep is simply a guideline, as each child is different. In addition, sometimes your child might need a little more sleep than what is recommended and other times they may feel fine with a little less.

**There are many things you can do to help your child or teen get good quality sleep as often as possible.**

- 1) Set a consistent bedtime routine (warm milk, bath and story) with a set time for sleep and wake up.
- 2) No screen time for at least 2 hours before bed.
- 3) Create a sleep-inducing environment - soft bedding, dark, not too hot or cool.
- 4) Begin a relaxation routine before bed to help shut off your child's brain from worries or stress.
- 5) Begin a happy journal to focus on positives.

For more information to support your child's sleep:

<https://thesleepcharity.org.uk/information-support/children/>

## Community

RAISING MONEY FOR

LONDON MARATHON MENINGITIS RESEARCH

ALBRIGHTON LEGION CLUB

THURSDAY 12TH MAY - 7.30pm

# PRIZE BINGO & RAFFLE

**PRIZES INCLUDE:** HEALTH & FITNESS VOUCHERS, WINE TASTING

FAMILY DAY OUT TICKETS, RESTAURANT VOUCHERS AND MORE.

**SIGNED WOLVES SHIRT FOR AUCTION**



Meningitis  
Research  
Foundation



LONDON  
MARATHON





# LTA YOUTH START

A.L  
T.C

6 TENNIS  
COACHING  
SESSIONS

£34.99

*Starts on  
Sunday 8<sup>th</sup> May*

## Albrighton Tennis Club

(Albrighton Lawn Tennis Club, Kennel Lane, Wolverhampton, WV7 3BQ)

6 weeks of great coaching, racket, t-shirt, set of balls, lanyard & stickers

Ages 5 - 8      Sunday 3.00pm – 4.00pm

Ages 9 – 11      Sunday 4.30pm – 5.30pm

## Covid Regulations

We recognise it is a strange time and want to assure you that we have a risk assessment & measures in place to ensure social distancing. Tennis is a great sport to play with the outdoor nature and safe distance between players.

All sessions delivered by an LTA Accredited Coach

Coaches have a clean DBS, safeguarding & first aid training

Sessions are open to members and non-members

Course cost just **£34.99**

6 weeks of great coaching, racket, t-shirt, set of balls, lanyard & stickers

Click the link below to book -

<https://wedotennis.co.uk/albrighton>



LTA  
**YOUTH | START**

## CONTACT US:

01952 984 894

[enquiries@wedotennis.co.uk](mailto:enquiries@wedotennis.co.uk)

[wedotennis.co.uk](https://wedotennis.co.uk)

Official equipment partner

 **DUNLOP**

**WE DO  
TENNIS**



# Albrighton & District Swimming Club

## Summer Term 2022 Timetable

Saturday 28 May - Sunday 24 July 2022

### Saturdays

Adult Swim (16 years+)	07:30 - 08:15	08:30 - 09:15	
Quiet Swim (8 years+)	09:45 - 11:00		
Family Swim	11:15 - 12:30	12:45 - 14:00	14:15 - 15:30
Party Booking	16:00 - 17:30	18:00 - 19:30	

### Sundays

Adult Swim (16 years+)	07:30 - 08:15	08:30 - 09:15	18:00 - 18:45
Quiet Swim (8 years+)	09:45 - 11:00		
Family Swim	11:15 - 12:30	12:45 - 14:00	14:15 - 15:30
Party Booking	16:00 - 17:30		

### Membership Fees (Summer Term 2022)

*\*New for 2022\* Under 8s **FREE** - must be accompanied by paying adult (parent / carer aged 16 years+)*

*Ages as at Saturday 28 May 2022*

*Under-16s must be accompanied at all times by an adult (aged 16 years+)*

Adults (16 years+) and Children (8 years+)

Summer Term 2022 Membership **£25** per swimmer

<https://forms.office.com/r/KvpSsE13FP>

Day Membership **£5\*** per swimmer per session

(\*plus Eventbrite booking fees)

All sessions must be pre-booked through Eventbrite

<https://albrightonswimmingclub.eventbrite.com>

Facebook: @AlbrightonSwimmingClub

Instagram: #adswimclub

Email: [albrightonswimmingclub@hotmail.com](mailto:albrightonswimmingclub@hotmail.com)

Twitter: @Albrighton\_Swim

*\*New for 2022\* Quiet Swim - we make the following small adjustments to create a welcoming, sensory friendly, gentle and relaxed outdoor pool experience*

- No public announcements (except in an emergency)
- No music
- Lower capacity so fewer swimmers in the pool
- No jumping or diving
- No shouting or lifeguard whistles (except in an emergency)

Reducing sensory distractions supports a feeling of safety, peace and calm which we hope will encourage people with dementia and those with autism and their families or simply someone wanting a quieter low key session to enjoy swimming in our lovely heated outdoor pool.





Albrighton Swimming Pool is available to hire from May to September for Parties

Enjoy **exclusive use** of this unique heated outdoor pool, with a group of friends or social group, during our private hire (party) sessions (*20 swimmers maximum*)

All sessions are staffed by fully-trained lifeguards

£75\* per hour-and-a-half

**Book your party today!**

<https://www.eventbrite.com/cc/private-hire-320769>

*\*plus Eventbrite booking fees*

Any questions? Contact us via Facebook @AlbrightonSwimmingClub or email [albrightonswimmingclub@hotmail.com](mailto:albrightonswimmingclub@hotmail.com)

**Newhouse Lane, Albrighton, WV7 3QS**

*Albrighton & District Swimming Club - Registered Charity Number 1170933*



## Summer 2022 Menu - Week 2

	Marvellous Monday	Tasty Tuesday	Wicked Wednesday	Thrilling Thursday	Fruity Friday
MAINS	Ham & cheese pasta bake Or Red pesto pasta (v)	Fakeaway Chicken (Plain chicken breast) Or Quorn fillet Choose your toppings - Curry sauce - Bbq sauce - cheese - Salad	Roast Pork Or Vegan meatballs in gravy (v)  Served with Gravy & Yorkshire Pudding	Chicken Hot dog (chicken sausage in a bun)  Or Veggie sausage	Pizza - Cheese & Tomato Pizza (v) Or Beef Lasagne
SIDES	Broccoli Salad bar	Vegetable rice Peas Coleslaw	Roast Potatoes Creamed Potatoes Carrots Peas	Pom croquettes Ratatouille veg Salad Bar	Skinny fries Sweetcorn Salad bar
DESSERTS	Lemon shortbread Yogurts Fruit Salad	Chocolate & vanilla mousse Yogurts Fruit Salad	Jelly layered trifle Yogurts Fruit Salad	Toffee & banana muffin Yogurts Fruit Salad	Fruity Friday Frozen Desserts Ice cream, smoothies, Ice pops, yogurts
COLD	Plated Ham wrap, fruit, cheese, flapjack	Plated cheese sandwich, fruit, cheese, biscuit	Plated tuna wrap, cucumber, cheese, Banana	Plated Jam sandwich, fruit, cheese, muffin	Plated egg sandwich, fruit, cheese, frozen dessert