

WEEKLY NEWSLETTER



Newsletter 32 16th July 2021

Headteacher's Note:

Hi everyone,

As we approach the end of the school year, we have a mixture of emotions: excitement and nervousness about moving to new classes/schools and also sadness for those who are leaving us. Our Year 6 leavers have been particularly enjoying their last few days at Albrighton. This week they have had a brilliant time, canoeing and rock climbing organised by Arthog. They are also busy practising their leavers' play which will be aired virtually.

We all look forward to watching the video on our website and I'm sure, for those of us who know our Year 6 pupils so well, we will experience laughter and tears when we view it.

It may not be the normal 'send-off' but Year 6 fun will continue next week and I'm sure you all join me in wishing them all the very best as they get ready to begin a new chapter in their lives.

Kindest Regards
Julie Bratt



Tuesday 20th July: End of Term

Wednesday 1st September: 11am to 12:30pm - school office open for collection of school uniform ordered through our online shop

Thursday 2nd September: Return to school (Y1-Y6) Phased start (Reception)

Class Heroes:

Reception Rangers:

George, Willow & Tomas

Shooting Stars:

Eilidh

Racing Rockets:

Jacob

Cosmic Comets:

Millie

Skyflyers:

Florence

Voyagers:

Ezmai

Starships:

Alyza

Explorers:

Ryan

Red Arrows:

Edward

Well Done!



Albrighton Foodbank

If any families require assistance from the foodbank over the summer holiday please contact Rev Jess Harper (Curate, United Benefice of Albrighton, Donington and Boningale) on 07865 243 182 or email revjessharper@gmail.com

Here comes the Sun!



The forecast for the weekend and next week is hot and sunny. Please remember to send your child to school with a water bottle, sun hat and apply sun protection cream.

Enjoy the sunshine this week!

Meet our Caretaker!





My name is Rob Summers and I have been the caretaker at Albrighton since 2014. Prior to taking up this role I was a full-time window cleaner for over 30 years.

I have lived in Albrighton all of my life. I am married to Pat, who also works here as a lunchtime supervisor and cleaner.

I have 2 children, Jason and Natalie and like me they attended Albrighton Primary School. I have 3 grandchildren, Millie, Lexi and Evie who are all keen footballers and I enjoy watching them play.

It is an honour and a privilege to work at Albrighton and I enjoy every minute of it.

My Favourites

Food: cottage pie Movies: Kes

Colour: green Place: Wales

Sport: football and cricket Animal: Birds of Prey

Books: Step by Step (Simon Reeve) Subjects: History



School Meals

Any arrears must be paid in full before the end of the summer term. If there are insufficient funds on your child's account when the Autumn Term starts, you will be asked to provide your child with a packed lunch until payment is made.

If your child is starting in Year 3 in September, they no longer qualify for Universal Infant Free School Meals (UIFSM) and parents must pay for their child's school lunch. Lunches are £2.40 per meal and it **must** be paid in advance, online through ParentPay.

Can you help?



Do you have any bean bag seats that you do not need?

If the answer is yes, would you be willing to donate them to school? Please contact the office regarding donations.

Thank you

Parent & Carer Kooth Session

An information session for parents and carers introducing Kooth, the support offered and how parents and carers can support their children to access the service.

This session will be running on two dates, Thursday 5th August and Tuesday 31st August and will be delivered by my colleague Donna Woodward - West Midlands Engagement Team.

 $\textbf{Booking Link:} \ \underline{\text{https://www.eventbrite.co.uk/e/parents-carers-introduction-to-kooth-west-midlands-tickets-163013679303} \\$

The session is an excellent opportunity for parents and carers to learn more about the Kooth service, and how their children can access support over the summer around primary to secondary transition and many other topics.

Wellbeing - Selfcare Summer Campaign



Self-care is about what you can do to help yourself feel better or to keep yourself feeling good.



The #SelfcareSummer Primary resource (see link below) is full of fun activities designed to help children look after their mental health and wellbeing while enjoying themselves. It also signposts them and their families to additional support if they need it.

It's all part of the Anna Freud Centre's #SelfcareSummer campaign which highlights activities, support and advice every day throughout the summer. It includes Challenge Tuesdays where young people can share their artwork, photography, poems, crafts or activities to help support their wellbeing over the summer.

final-selfcaresummer-primary.pdf (mentallyhealthyschools.org.uk)
https://www.annafreud.org/schools-and-colleges/resources/

The Perfect Summer Reading for Children



Summer is here and whether you're hoping to escape to somewhere new or enjoy a break closer to home, a good book can help us escape. It is important that no matter how children are spending their summer this year that they keep up with their reading.

Below you will find links to different websites that recommend

https://www.lovereading4kids.co.uk/genre/sr/Summer-Reading.html

https://www.booktrust.org.uk/books-and-reading/our-recommendations/best-new-books/

https://www.readbrightly.com/summer-books-for-tweens/

Library Summer Reading Challenge



Don't forget the libraries are open also and the summer reading challenge is on. This year they have teamed up with the WWF for a very special nature-themed Challenge that is designed to inspire children to stand up for the planet!

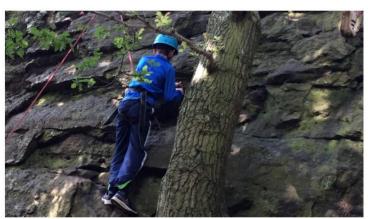
Taking Part in the Challenge

You can take part in the Challenge by signing up at your local library. It's completely free to sign up! Your library will give you a special Collector Poster map of Wilderville and help you find books to read.

As you read books for your Challenge, return to the library to receive stickers to add to your map - some of them even have smells! Collect all the stickers to complete the Challenge and transform Wilderville. You'll get a special Wild World Heroes certificate too!









































































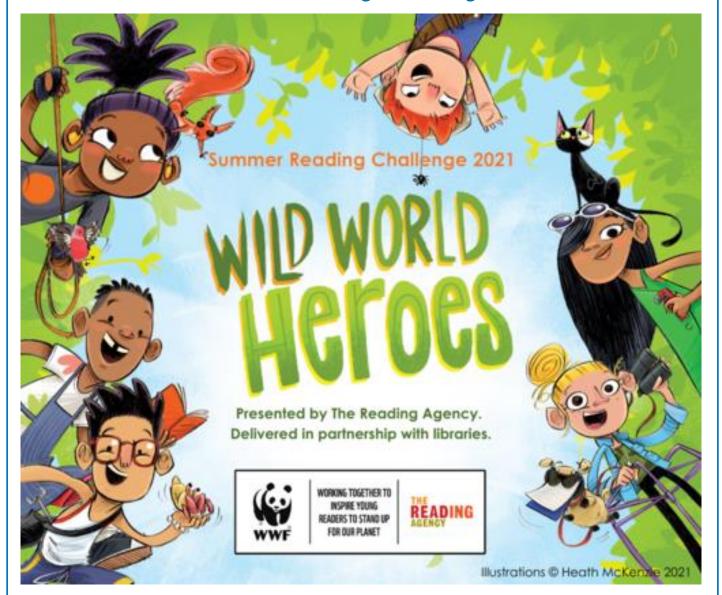


Congratulations to Miss Mann

Have a fabulous Wedding Day and we look forward to welcoming you back as $\operatorname{\mathsf{Mrs}}$ Evans



Summer Reading Challenge 2021



We're so excited to reveal the theme for the Summer Reading Challenge 2021!

Get ready for Wild World Heroes, arriving online and in your local library this summer.

Pack your bags, we're headed for Wilderville!

It's a pretty cool place, but there are lots of things that the Wild World Heroes can do to make their town even better for the people and animals that live there.

Join the Wild World Heroes for the Summer Reading Challenge and discover how you can make a difference to the environment too.

We're teaming up with WWF for a very special nature-themed Challenge that will inspire you to stand up for the planet!

Wild World Heroes will feature amazing books, awesome rewards, and plenty of ideas for taking care of our environment.

Are you excited to join the #WildWorldHeroes this summer?

Keep an eye on our blog for all the latest Summer Reading Challenge news

Swim Albrighton, Swim Safe

Saturday 24th July 2021

From 10.00am – 2.00pm

The Village Green

(Opposite the Co-op)

The Friends of Albrighton Swimming Pool Lottery and the Albrighton & District Swimming Club will be holding a membership and information event. We will be supported by the Albrighton and District Civic Society, the Albrighton Craft Group and the Royal British Legion. We will also have some information leaflets from the RNLI concerning Water Safety.

During the event we will be:

- Promoting the Albrighton Primary School's Swimming Pool
- Promoting swimming safely
- Providing Information about the groups
- Running a Prize Raffle
- Recruiting new members
- Recruiting Volunteers
- Selling Plants
- Selling craft items made by the Albrighton Craft Group
- Answering any questions that you may have
- You will also have an opportunity to meet the volunteers and trustees that support these groups and activities













Albrighton & District Swimming Club

School Holiday Opening Times

Sunday 25 July - Tuesday 31 August 2021

Mondays

Adult Swim 07:30 - 08:15

Family Swim (Day Members only) 10:00 - 11:45;

Family Swim (Season Members only) 12:00 - 13:45; 14:00 - 15:45

Party Booking 16:30 - 18:00

Adult Swim 18:30 - 19:30

Tuesdays

Family Swim (Day Members only) 10:00 - 11:45; Family Swim (Season Members only) 12:00 - 13:45; 14:00 - 15:45 Party Booking 16:30 - 18:00

Wednesdays

Adult Swim 07:30 - 08:15

Family Swim (Day Members only) 10:00 - 11:45;

Family Swim (Season Members only) 12:00 - 13:45; 14:00 - 15:45

Party Booking 16:30 - 18:00

Adult Swim 18:30 - 19:30

Thursdays

Family Swim (Day Members only) 10:00 - 11:45; Family Swim (Season Members only) 12:00 - 13:45; 14:00 - 15:45 Party Booking 16:30 - 18:00

Fridays

Closed

Saturdays and Sundays

Adult Swim 07:30 - 08:15; 08:30 - 09:15
Family Swim (Day Members only) 10:00 - 11:45;
Family Swim (Season Members only) 12:00 - 13:45; 14:00 - 15:45
Party Booking 16:30 - 18:00
Adult Swim 18:30 - 19:30 (Sundays only)

Membership fees for 2021

Adults and Children (5 years+) - Season Membership £30 each https://forms.office.com/r/VYLWkhcu94
Day Membership £5 each - book and pay through Eventbrite Under 5's Free

Under-16s must be accompanied at all times by a parent / carer (aged 16+)

Facebook: @AlbrightonSwimmingClub * Email: albrightonswimmingclub@hotmail.com
Instagram: #adswimclub * Twitter: @Albrighton_Swim



Albrighton Swimming Pool is available to hire during July and August for Parties

Enjoy **exclusive use** of this unique heated outdoor pool, with a group of friends or social group, during our private hire (party) sessions (20 swimmers max).

All sessions are staffed by fully-trained lifeguards

£60* per hour-and-a-half

Deposit required at time of booking; full payment required two weeks prior.

Book your party today!

https://www.eventbrite.co.uk/e/private-hire-party-booking-tickets-161545895121
*plus Eventbrite booking fees

or contact us via Facebook @AlbrightonSwimmingClub or email albrightonswimmingclub@hotmail.com for information

Newhouse Lane, Albrighton, WV7 3QS

Albrighton & District Swimming Club - Registered Charity Number 1170933



Albrighton & District Swimming Club

Summary of Rules

New for 2021: To avoid disappointment and keep numbers within safe limits, we recommend that sessions are pre-booked using the links provided.

Non pre-booked places will be released subject to availability on a first-come-first-served basis. To make the most of your time at the pool, you may wish to arrive pool-ready.

In the interests of safety and enjoyment of the pool and surrounding areas by all Members (Day and Season), pool users, guests, spectators, staff and volunteers, please note:

- All visitors (aged 16 years+) confirm that they have read and will abide by the full Club Rules (displayed poolside; copies available on request) and remain responsible for the children in their care whilst at the pool.
- All children aged under 16 must be accompanied and supervised by a parent / responsible person (aged 16+). Unaccompanied children will not be permitted to access the pool or surrounding area.
- Children aged under 8 years should be accompanied and supervised at all times by a parent / carer (using the changing room of the gender of the accompanying adult). Use of the disabled toilet facility as a private changing room is available on request (subject to availability).
- Pool users must not enter the pool until given permission by the Lifeguard(s) on duty and must exit
 the pool immediately upon instruction to do so.
- Food and drink must not be consumed in or immediately next to the pool and should be kept to light snacks only until users have finished swimming. Litter must be placed in the bins provided or taken home for disposal.
- Glassware and electrical items are not permitted in the pool area.
- Pool users and spectators must stay within the permitted boundaries access to areas beyond the pool and changing rooms is for authorised personnel only.
- All accidents, incidents and damage to property or equipment, whether wilful or accidental, should be immediately reported to the Lifeguard(s) / Steward(s) on duty. In the event of serious injury, a member of the Club Committee must also be immediately notified. First Aid will be administered by those qualified to do so.
- Abusive, threatening and dangerous behaviour will not be tolerated.

In the event of contamination from vomit or faeces, the pool will remain closed for at least 24 hours, until deemed safe through the appropriate tests.

The following relate to the entire school premises (including, but not limited to, all buildings, playing fields, access drive, pathways and car park):

- No smoking (including the use of e-cigarettes).
- No alcohol to be consumed.
- No dogs, apart from registered Guide Dogs.
- No loud music or other anti-social behaviour.

Failure to comply with the Club Rules and/or instructions from the Lifeguard(s) and/or Steward(s) on duty may result in suspension of membership privileges or further action, in consultation with the Club Committee.

The Club will not accept liability for any loss, damage to or theft of money, valuables or other personal property of members and guests. Property is stored at the owner's risk and no liability for loss or damage thereto will be accepted by the Club. The Club also accepts no liability for any vehicles parked on the premises.

If you require anything to enhance your enjoyment of the pool or have any questions, suggestions or concerns, please speak with the Steward(s) on duty or contact the Club Committee via **Facebook** @AlbrightonSwimmingClub or **email** <u>albrightonswimmingclub@hotmail.com</u>



BeeU Children's & Family Mental Health Services

Midlands Partnership
MHS Foundation Trust
A Knets throughly Insoling Dust

Bee U is the emotional health and wellbeing service for people, up to the age of 25, living in Shropshire and Telford & Wrekin. Previously known as CAMHS the service offers a range of support depending on the needs of the child or young person. The services you may be offered are described briefly here or you can find out more about what help is available at https://camhs.muft.nhs.aik/beeu

Beam - phone or face to face

Beam is an emotional well-being service for children and young people under 25 years old who are registered with a GP in Shropshire or Telford & Wrekin.

Beam are currently offering support via:

- Phone
- Virtual face to face (via MS Teams)

You can request support from Beam via our website: https://www.childrenssociety.org.uk//beamshropshire

Young people aged 14 years+ can register themselves.

Young people aged 13 and under will need a parent/carer to register on their behalf.

If you have any questions about the Beam service, please contact us email shropshirebeam@childrenssociety.org.uk

Kooth - online

Kooth provides an anonymous 24-hour online service offering peer support, self-help and have trained counsellors to talk to.

Anyone aged 11-25, living in Shropshire and Telford & Wrekin, can register to access this service and you don't need to be referred or have an appointment

Whilst the website is available 24 hours, there will be someone to talk to online at the following times:

- 12:00 to 22:00 (Monday to Friday).
- 18:00 to 22:00 (Saturday, Sunday and Bank Holidays)

For more information visit Kooth: www.kooth.com



Healios

We also work with Healios, an online provider of mental health services www.healios.org.uk

Core Team

The core team work with children and young people who have been assessed as having more serious and ongoing mental health needs. Access to this team is usually via a professional who knows what BeeU offers, and knows the young person. Care is provided by a multi-disciplinary team of psychologists, family therapists, mental health nurses, social workers and occupational therapists who can offer different skills and approaches depending on the young person's needs.

Ageless 24/7 Urgent Helpline

0808 196 4501

(option 1 – under 18's; option 2 – over 18's)

This is for help and advice for anyone experiencing a mental health crisis.

In a health emergency you should still call 999 or visit your local A&E department

BEAM sessions for Parents

Please see below for training sessions being offered by BEAM during July & August

All sessions take place on MS Teams.

There is no need to book - just click into the link at the session time.

Mental Health & Emotional well-being in children & young people.	We will cover: Effective communication. Empathy V Sympathy. Overview of common emotional well- being topics such as anxiety, depression, self-harm, suicidal ideation and anger.	Wednesday 7 th July 2021 12pm - 1.30pm	Join on your computer or mobile app Click here to join the meeting Learn More Meeting options
Sleepy Heads. 2 session workshop around sleep & common issues.	Session 1: Sleep stages. Sleep hygiene. Bedtime routines.	Wednesday 21st July 2021 12pm-1.30pm	Join on your computer or mobile app Click here to join the meeting Learn More Meeting options
It is advisable to attend both sessions.	Session 2: Tackling common issues around sleep including: Prolonged night- time awakenings. Bedtime refusal & resisitance. Teen sleep.	Wednesday 4th August 2021 12pm-1.30pm	Join on your computer or mobile app Click here to join the meeting Learn More Meeting options
Managing anxious behaviours in young people.	We will cover: What anxiety is. Science of anxiety. How to support.	Wednesday 18th August 2021 12pm – 1.30pm	Join on your computer or mobile app Click here to join the meeting Learn More Meeting options

SUMMER HOLIDAY FUN

Every weekday of the Summer Holidays

1pm - 2.30pm

The Carboniferous When Minibeasts Ruled the World

Go back in time, feeling the heat, seeing the ferns, hearing the water and smelling the rotting vegetation to a time when minibeast ruled the world. Look at some fossils from this period, make an instant fossil and go on a hunt for their modern cousins.



Monday 26th - Friday 30th July Monday 16th - Friday 20th August

Bubbles and Balloons

Make balloon animals, experiment with static electricity and a hovercraft.

Make small and big bubbles with things you can find around your home and try to make a double bubble!





Make a dreamcatcher to hang above your bed. Make some twine and see if you can make a fire bow warm, try a spear thrower and track and creep up on prey.



Monday 9th - Friday 13th August

£4 per accompanied 4 - 11 year old. Members price £3.60.

Book at Reception or call 01588 676060.

Spaces are limited so BOOK NOW to avoid disappointment!



www.shropshirehillsdiscoverycentre.co.uk
info@shropshirehillsdiscoverycentre.co.uk / 01588 676060
School Road, Craven Arms SY7 9RS
Grow Cook Learn, a registered charity: 1158795







the home of Grow Cook Learn



Telford TF15NU It's coming....

With confidence building emotional management internet safety

Much more....

Self Esteem Workshops for 8-12 year olds

Join our trained therapists as they run a 2 day self esteem workshops for children aged 8-12 years during the school holidays.

Based at Kingswood trust

(end of August, dates to 100% be confirmed)

Cost £80 per child, £20 deposit required to hold place.

Maximum number per workshop is 12.

Time: 9:30-3:30

Please contact Melissa and Sam for more information

@codsall Therapy centre on Facebook

Phone Sam: 07866465997 Melissa; 07931953414

Email; info@codsalltherapycentre.co.uk



Term Dates 2021/2022

AUTUMN TERM 2021				
Wednesday, 1st September 2021	PD Day (staff only)			
Thursday, 2 nd September 2021	Return to school			
Thursday, 21st October 2021	Break up for half term			
Friday, 22 nd October 2021	PD Day (staff only)			
Friday, 22 nd October - Friday, 29 th October 2020				
Half Term Holiday				
Monday, 1st November 2021	Return to School			
Friday, 17 th December 2021	Break up for Christmas			
Monday, 20 th December 2020 – Tuesday, 4 th January 2021 Christmas Holiday				
SPRING TERM 2022				
Tuesday, 4 th January 2022	PD Day (staff only)			
Wednesday, 5 th January 2022	Return to School			
Thursday, 17 th February 2022	Break up for half term			
Friday, 18 th February 2022	PD Day (staff only)			
Friday, 18 th February 2022 - Friday, 25 th February 2022 Half Term Holiday				
Monday, 28 th February 2022	Return to School			
Thursday, 7 th April 2022	Break up for Easter			
Friday, 8 th April 2022	PD Day (staff only)			
Friday, 8 th April 2022 - Friday, 22 nd April 2022 Easter Holiday				
SUMMER TERM 2022				
Monday, 25 th April 2022	Return to school			
Monday, 2 nd May 2022	May Bank Holiday			
Friday, 27 th May 2022	Break up for Whitsun holiday			
Monday, 30 th May 2022 - Friday, 3 rd June 2022 Half Term Holiday				
Monday, 6 th June 2022	Return to School			
Thursday, 21st July 2022	Break up for summer			

^{*}PD Days are subject to change.



Spring 2021 Menu - Week 2

Weeks Commencing: 19 July 21

Marvellous Wicked **Thrilling** Fruity **Tasty** Monday Tuesday Wednesday Thursday Friday MAINS Pizza -Cheese & Tomato (V) Or Jkt Potato Summer Fake Saute Potatoes SIDES Baked beans Away Sweetcorn Take Away DESSERTS Freeze pops Fruit Salad Fruit Yogurts PLEASE NOTE.... NO SCHOOL SANDWICH OPTION FOR THIS WEEK HAPPY HOLIDAYS!!