

## Headteacher's Note:

Hi everyone,

Firstly, a reminder that we have a long weekend ahead of us due to Monday being May Day Bank holiday.

In school we continue to adhere to COVID restrictions and we are grateful for your continuing support with this. Like all of you, we await to see how changes will impact on schools over the forthcoming weeks/months.

Due to the restrictions sadly we have been unable to organise a Year 6 residential visit this year, however we are bringing some of the activities to the children by arranging for Arthog personnel to come to us.

We sincerely hope to see more educational visits out for the children over time and the inviting of visitors in to support our curriculum and topic work. One such instance of this is having the cricket coach in next week. Partaking in such activities and experiences is something we feel the children have particularly missed and we look forward to this resuming.

Kindest Regards  
Julie Bratt

## Dates for your diary



**Monday 3<sup>rd</sup> May:**  
Bank Holiday

**Friday 7<sup>th</sup> May:**  
Cricket Coaching (Y1-Y6) -  
come to outdoor PE kit

**Monday 10<sup>th</sup> May:**  
Swimming starts (Y2 Y6)

**Wednesday 26<sup>th</sup> May:**  
Deadline for Bag2School  
donations (4pm)

**Friday 28<sup>th</sup> May:**  
End of Term

## Class Heroes:

Reception Rangers:  
Joseph & Ethan

Shooting Stars:  
Josh

Racing Rockets:  
Lois

Cosmic Comets:  
Alexander

Skyflyers:  
Caleb

Voyagers:  
Lexijo

Starships:  
Liam

Explorers:  
Bethany

Red Arrows:  
Charlotte

Well Done!



## Star Readers:

Reception Rangers:  
Scarlett & Alfie

Shooting Stars:  
Daisy

Racing Rockets:  
Sapphire

Cosmic Comets:  
Millie

Skyflyers:  
Harry

Voyagers:  
Finley

Starships:  
Kaley

Explorers:  
Evie

Red Arrows:  
Jeremiah

Well Done!



## Star Writers:

Reception Rangers:  
Riley & William

Shooting Stars:  
Imogen

Racing Rockets:  
Noah

Cosmic Comets:  
Sebastian

Skyflyers:  
Ollie

Voyagers:  
Sam P

Starships:  
Willow

Explorers:  
Lily

Red Arrows:  
Nicole

Well Done!



## Meet our Skyflyers Teacher

### About Me



My name is Millie Wylde, and I am the class teacher of Cosmic Comets (Year 1 & 2) and the Computing subject leader.

I have a dog called Ebby, who is 4 years old.

I have a Primary Education degree and love my job!

12 years ago, I was diagnosed with Type 1 Diabetes and this sparked my interest in teaching children with specific difficulties. During my degree, I completed placements in a range of special education schools.

We are very lucky to have great outdoor spaces at Albrighton and I love teaching in the outdoors. I try to make all lessons fun, engaging and love laughing with my pupils.

### My Favourites

- Food:** Chinese takeaway  
**Colour:** red  
**Sport:** stand up paddle boarding  
**Books:** Meerkat Mail  
**Movies:** Toy Story and Home Alone  
**Place:** Italy  
**Animal:** elephant  
**Subjects:** Phonics, Maths and Computing



## Good To Be Green Behaviour System



This term, we've added an addition to our behaviour system 'Good to be Green' as children now have the opportunity to get to gold if they are consistently well behaved or they behave in a way that is deemed exceptional.

Children will receive a sticker so everyone in school and home will be able to see they are on gold that day. In addition to this, we have also added raffle tickets for 'Golden Moments'. These golden moments might be a fantastic answer in a lesson, a lovely act of kindness or great homework etc. At the end of the week each class will have a raffle draw and a prize will be given to the winner.

The more raffle tickets a child gets - the more chances to win.

## Royal Mail Competition



The Royal Mail will be issuing a new set of stamps which will feature designs created by eight school-aged children.

We are asking our young designers to think about who their hero or heroes are, and to then design a stamp in their honour.

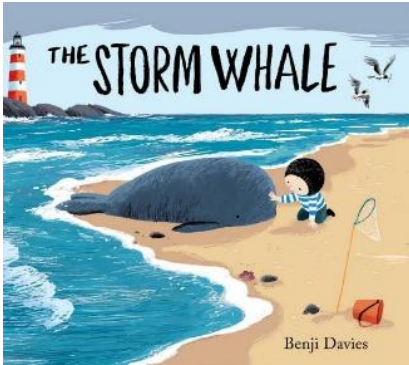
A special panel of judges will pick the winning designs. The final eight stamps will be sent to Her Majesty The Queen before they can be printed and issued.

<https://www.stampcompetition.ichild.co.uk/>

<https://www.albrightonprimary.com/curriculum-8/design-and-art/royal-mail-hero-stamp-design>

Please bring your entries into school, which must be drawn onto the official template below, by **Friday 21st May**.

# The Albrighton Book Worm



**Title:** The Storm Whale

**Author:** Benji Davies

**Reviewed By:** Noel Short (Y2) and Mrs Short

## Characters:

Noi is a little boy who lives with his father in a house by the sea. His father works hard as a fisherman and Noi often only has their six cats for company.

## Plot - What happens in the story

One day, Noi finds a baby whale washed up on the beach after a storm. He is excited and takes it home to care for it. He tries to keep his new friend a secret, but there's only so long you can keep a whale in the bath without your dad finding out. Noi is eventually persuaded that the whale should go back to the sea where it belongs. For Noi, even though he can't keep it, the arrival of the whale changes his life for the better.

## Who would like this story?

We thought this was a lovely book to read as a bedtime story for 3-7 year olds.

## Other books by this author:

The Storm Whale in Winter and Grandma Bird

## Conservation Area Open Days

**Saturday 1<sup>st</sup> May & Sunday 2<sup>nd</sup> May**

**09:30 to 17:30**



Opening for the first time in 2021, the Conservation Area is free to visit. The Conservation Area is a wild area where Nature Reserve volunteers only intervene when absolutely necessary. So it's the wild and woolly home to lots of flora and fauna e.g. bats, foxes, ducks, owls, butterflies, moths, and this is your chance to explore.

The entrance is at the east end of Jubilee Walk - the concrete path running alongside the duck pond on Rectory Road.

Stout footwear is recommended.

Only the first 30 metres or so are currently available to wheelchair users.

Enjoy your visit!



The remains of the timber from our school playground is stored at the Local Nature Reserve and is earmarked to help shore up and improve the path to the south of St. Cuthbert's Pool in The Meadow.

It is intended to make the path and much of The Meadow accessible to wheelchair users in the near future. Currently only the smallest wheelchairs can access the area as the gate opposite the fire station, although wheelchair-friendly when installed about 15 years ago, can't cope with the larger wheelchairs now on the market.



## Self-Esteem

Sometimes it's easy to notice when children seem to feel good about themselves — and when they don't.

We often describe this idea of feeling good about ourselves as "self-esteem."

Children with good self-esteem: feel liked and accepted, feel confident, feel proud of what they can do, think good things about themselves and believe in themselves. Children with low self-esteem: are self-critical and hard on themselves, feel they're not as good as other children, think of the times they fail rather than when they succeed, lack confidence and doubt they can do things well.

## Why Self-Esteem Matters

Children who feel good about themselves have the confidence to try new things. They are more likely to try their best and feel proud of what they can do. Self-esteem helps children cope with mistakes. It helps them try again, even if they fail at first. As a result, self-esteem helps children do better at school, at home, and with friends. Children with low self-esteem feel unsure of themselves. If they think others won't accept them, they may not join in and they may let others treat them poorly. They may have a hard time standing up for themselves. They may give up easily, or not try at all. Children with low self-esteem find it hard to cope when they make a mistake, lose, or fail. As a result, they may not do as well as they could.

At school, we have introduced our work on growth mindset and the power of yet but there are things you can do at home to support your child's self-esteem and mindset.

# PARENT'S GUIDE TO A GROWTH MINDSET

Big Life Journal

*Your brain is like a muscle. When you learn, your brain grows.  
The feeling of it being hard is the feeling of your brain growing!*

## PRAISE

### FOR:

EFFORT  
STRATEGIES  
PROGRESS  
HARD WORK  
PERSISTENCE  
RISING TO A CHALLENGE  
LEARNING FROM A MISTAKE

### NOT FOR

TALENT  
BEING SMART  
BORN GIFTED  
FIXED ABILITIES  
NOT MAKING MISTAKES

## THE POWER OF "YET"

### SAY

"YOU CAN'T DO IT YET."  
"YOU DON'T KNOW IT YET."  
"IF YOU LEARN AND  
PRACTICE, YOU WILL!"

# BRAINS can GROW



## FAILURES AND MISTAKES = LEARNING

### SAY

"MISTAKES HELP YOU IMPROVE."  
"YOU CAN LEARN FROM YOUR MISTAKES."  
"LET'S SEE WHAT OTHER STRATEGIES YOU CAN TRY."

## RECOGNIZE YOUR OWN MINDSET

BE MINDFUL OF YOUR  
OWN THINKING AND THE  
MESSAGES YOU SEND  
WITH YOUR WORDS AND  
ACTIONS.



## ASK

"WHAT DID YOU DO  
TODAY THAT MADE YOU  
THINK HARD?"

"WHAT NEW STRATEGIES  
DID YOU TRY?"

"WHAT MISTAKE DID YOU  
MAKE THAT TAUGHT YOU  
SOMETHING?"

"WHAT DID YOU TRY  
THAT WAS HARD  
TODAY?"



## Internet Safety

It can be difficult to know how to start talking to your child about what they're seeing and doing online or who they might be speaking to. But talking regularly, like you would about their day at school, will help your child feel relaxed and mean that when they do have any worries, they're more likely to come and speak to you.

It can help to:

- reassure them that you're interested in their life, offline and online. Recognise that they'll be using the internet to research homework as well talking to their friends.
- ask your child to show you what they enjoy doing online or apps they're using so you can understand them.
- be positive but also open about anything you're worried about. You could say "I think this site's really good" or "I'm a little worried about things I've seen here."
- ask them if they're worried about anything, and let them know they can come to you.
- ask them about their friends online and how they know they are who they say they are.
- listen for the reasons why your child wants to use apps or site you don't think are suitable, so you can talk about these together.
- ask your child what they think's okay for children of different ages so they feel involved in the decision making.

Here are some useful links to websites that can support your conversation and help you understand more about the uses and dangers of the internet for young people.

<https://www.internetmatters.org/resources/social-media-advice-hub/social-media-tips-and-advice/>

<https://www.internetmatters.org/resources/social-media-advice-hub/social-media-concerns/>

<https://www.net-aware.org.uk/>

<https://www.net-aware.org.uk/networks/tiktok/>

### Worried about a child online?

If you're worried about something a child or young person may have experienced online, you can contact the NSPCC helpline for free support and advice. Call them on 0808 800 5000

Children can contact Childline any time to get support themselves.



## Fundraising

Over the coming months, we will be undertaking a variety of fundraising activities to raise money for canopies and safe surfaces for Early Years outside areas and play equipment for the main site. You can start fundraising now and it won't cost you a penny. We have registered with easyfundraising, the UK's biggest charity fundraising website. See our website for more information.



### Bag2School

Children grow out of clothes so fast that they are still in good condition when they no longer fit. We all have clothing in our wardrobes that we haven't worn in ages! In a world of fast fashion, we now have a lot of stuff - but when it comes to a clear out what do you do to make sure the environment comes off best? We will be doing a 'bag2school' collection. The more bags of clothing we get; the more money we raise as payment is based upon weight.

Bag2School accept the following 'good quality' items for RE-USE\*: men's, ladies' and children's clothing, paired shoes (tied together or elastic band around), handbags, hats, bags, scarves and ties, jewellery, lingerie, socks, belts, soft toys, household linen, curtains, towels, bed sheets, pillow cases and duvet covers.

We will be sending home a collection bag with children shortly, however Bag2School will accept any items that are bagged (e.g. bin liner, other charity sacks).

Bags need to be in school by 4pm on **Wednesday 26<sup>th</sup> May**, however we can accept donations as soon as you've bagged them up and we will store them for you. Get sorting!



## Cricket Session

A cricket coach is coming into school next Friday, 7<sup>th</sup> May, to teach sessions to all children (Year 1 to Year 6 only) at different times through the day.

Can children please wear their outdoor PE kit to school.



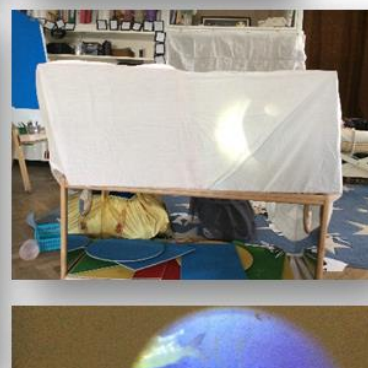
## Zoom Club

ParentPay closes at midnight every **Wednesday** evening for bookings for the following week. There are limited spaces so booking is essential to ensure a place.

To assist us in managing places, please can parents book a month in advance where possible. You are able to make change for future bookings at any time until the cut-off for that week.

Late bookings can be made, if there are spaces available, however we can't guarantee there will be a space available. If you have any queries, please contact the school office (01902 372558) or email [zoom@albrighton-pri.shropshire.sch.uk](mailto:zoom@albrighton-pri.shropshire.sch.uk)

## Nursery - Toddlers and Pre-School



Toddlers have been reading 'The Colour Monster' by Anna Llenas and exploring colour while creating their own colour monster.

Pre School have been exploring What is a Shadow on Cornerstones and making their own puppets, ending the week with a puppet show.





**We are having a**

# **Bag2School**

**fundraising collection**



**Please give good quality:-**

- **adults' & children's clothing**
- **paired shoes**
- **lingerie, socks, hats, scarves, belts & ties**
- **handbags & jewellery**
- **soft toys**
- **household linen, curtains, towels & bedding (sheet, duvet covers & pillow cases)**



**The more we collect, the more we raise!!**



**Please return bag to school by**

**4pm on**

**Wednesday 26<sup>th</sup> May 2021**

# Raise FREE donations for

Albrighton Primary School and Nursery  
every time you **shop online**

Find us on **easyfundraising.org.uk**

<https://www.easyfundraising.org.uk/causes/albrightonpschlnursery/?invite=QOGFBI&referral-campaign=c2s>

**4,300** online sites will give us a free donation  
when you shop with them - at no extra cost to you!



Download the easyfundraising App



# Plant Sale & Handmade Woodcraft Sale Day



May 10<sup>th</sup> to May 13<sup>th</sup>

11am – 3pm

A selection of bedding, perennial and vegetable plants for Sale, along with handmade woodcraft items.

The Albrighton Trust, Blue House  
Lane, Albrighton, WV7 3FL

01902 372441 Charity NO 1000402



This parent's guide to TikTok is available to download from our website:

<https://albrightonprimaryschool.sites.schooljotter2.com/e-safety-at-home/useful-information>



TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 800 million active users worldwide.

**AGE RESTRICTION**  
**12+**  
If under 18, supervision of a parent or legal guardian required.

## What parents need to know about

# TIKTOK





### AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.



### EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.




### TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



### HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.



### ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.



### IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.



# Advice for Parents & Carers

## TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.



## MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under 16s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.



## LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something *does* slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.



## ENABLE FAMILY SAFETY MODE

'Family Safety Mode' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content.



## USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.



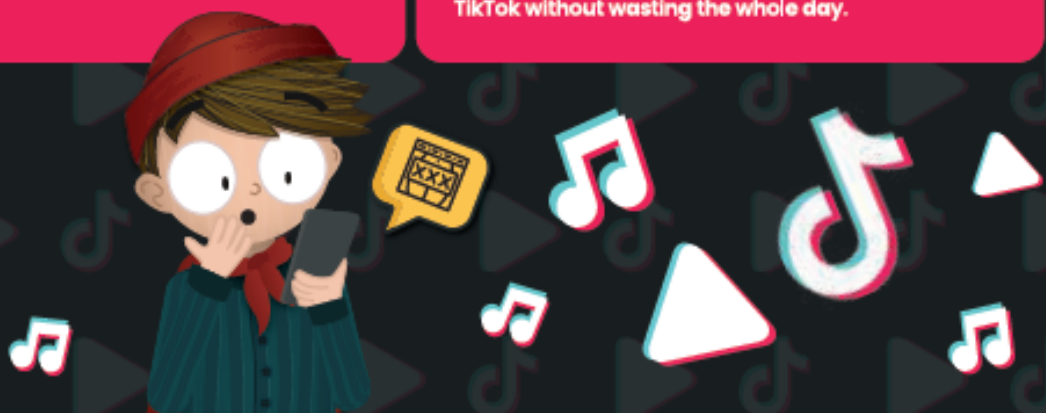
## MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.



## Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: [www.tiktok.com](https://www.tiktok.com)



[www.nationalonlinesafety.com](https://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



## Spring 2021 Menu - Week 1

Weeks Commencing: 8 March 21, 29 March 21, 4 May 21, 24 May 21, 21 June 21, 12 July 21

	Marvellous Monday	Tasty Tuesday	Wicked Wednesday	Thrilling Thursday	Fruity Friday
MAINS	Pasta Bolognese Or Cheese Toastie (v) Tuna melt Toastie Or Jacket Potato (v)	Quorn Nuggets with BBQ Sauce or Sweet & Sour Sauce (v) Or Beef in Black Bean Sauce Or Omelette (v)	Chicken, Gravy & Yorkshire Pudding Or Veggie Tots, Gravy & Yorkshire Pudding (v)	All Day Breakfast Sausage, Bacon, Scrambled Egg Or Veggie Sausage (v) Or Toastie (v)	Pizza - Cheese & Tomato (v) Or Chicken Curry & Rice Or Jacket Potato (v)
SIDES	Garlic Bread Baked Beans Peas	Rice Noodles Baked Beans Broccoli	Roast Potatoes Creamed Potatoes Carrots Cauliflower	Bread Slice Potato Waffle Baked Beans Plum Tomato Mushrooms	French Fries Baked Beans Sweetcorn
DESSERTS	Raspberry Mousse Fruit Salad Fruit Yogurts	Chocolate Crispy Bite Fruit Salad Fruit Yogurts	Syrup Sponge & Custard Fruit Salad Fruit Yogurts	Mini Doughnuts Fruit Salad Fruit Yogurts	Fruity Friday Frozen Desserts Fruit Pots Yogurts
					
Packed Lunch menu all served with fruit & salad, cheese portion, juice or water & dessert of the day					
	Wrap	Sandwich	Wrap	Sandwich	Crackers